

ARMY PUBLIC SCHOOL, BANGALORE
CURRICULUM (MONTHWISE) 2025-26

CLASS - XII
SUBJECT- PSYCHOLOGY

SL. NO.	MONTH	CONTENT
1.	APRIL	Chapter-1 : Variations in Psychological Attributes, and Experiment 1 - Non-Verbal Intelligence Test. Chapter-2 : Self and Personality, Experiment 2- EPI Discussion on Project Work.
2.	JUNE	Chapter-3 : Meeting Life Challenges and Experiment 3 - Sinha's Comprehensive Anxiety test (SCAT) Chapter-4 : Psychological Disorders. Visit to an institution for the purpose of Project Work.
3.	JULY	Chapter-5 : Therapeutic Approaches and Guidelines for project work. Chapter-6 : Attitude and Social Cognition, Experiment 4 - Sodhi's Attitude Scale.
4.	AUG	Chapter-7 : Social Influence and Group Processes. Experiment 5 - Adjustment inventory for School students (AISS) Checking of Project Work and helping students to prepare for Viva Questions.
5.	SEPT	Half Yearly followed by Revision and Pre-Boards.
6.	OCT	

7.	NOV	
8.	DEC	
9.	JAN	
10.	FEB	
11.	MARCH	

BOOKS: